



Into the Global World
Transforming LIVES,
ENRICHING *Future*



Discover
MALAYSIA with MSU





FOOD,
CITY,
HISTORY,
NATURE AND
ADVENTURE



DAY 1

Arrival at Kuala Lumpur International Airport, Malaysia

Check in at the Residence, MSU

Free & Easy

End of Day 1

DAY 2

Visit School of Hospitality and Creative Arts, MSU (with Hospitality & Tourism students)

Meet & Greet session - Introductory class (briefing of the whole program) - food, culture and photography.

Introductory activity - photography for simple foods/items

Campus tour

End of day 2

DAY 3

City Tour at Kuala Lumpur with KL Hop-on Hop-off (Menara KL, Dataran Merdeka, National Mosque, Central Market, KLCC, MATIC, Chocolate Boutique, Pusat Kraf, National Museum, Islamic Art Museum and Heritage Walk at night, KLCC)

End of Day 3

DAY 4

Malaysian Cuisine Cooking Class (Pair with MSU Culinary Arts students) - Malay Traditional Dish - from Negeri Sembilan (Masak Lemak Cili Padi Daging Salai, Ikan Bakar Sumbat Sambal Kelapa) The Heritage Recipe - cooked during special event (rendang, ketupat, kuah kacang)

End of Day 4

DAY 5

Malacca City Tour - A Famosa,
St. Paul Church, Islamic Museum,
Malacca Sultanate Palace Museum,
Stadhuys Malacca, Christ Church
Malacca, Queen Victoria Fountain

End of Day 5

DAY 6

Mini Malaysia ASEAN Cultural Park
Encore Malacca
Lunch at Local Baba & Nyonya
Restaurant
Klebang beach (coconut shake,
kuih keria, asam pedas)

End of Day 6

DAY 7

Pastry Cooking Class (Pair with MSU
Patisserie students)
- Hidden Recipe -Kuih Nagasari
- Kari pap pusing / belajar mengelim
kari pap
- Lost recipe - Dodol and Wajik

End of day 7

DAY 8

ASWARA visit - learn on the music
heritage
(classes, demonstration and seminars
on music, instrument and dance)

End of day 8

DAY 9

ASWARA visit - learn on the music heritage (classes, demonstration and seminars on music, instrument and dance)

End of day 9

DAY 10

Adventure activity at Skytrex, Sungai Congkak
Enjoying local fruits - orchard (subject to change) (Durian, rambutan, mangoesteen, cempedak, langsung, rambai, etc)

End of day 10

DAY 11

Sky Mirror at Kuala Selangor Attraction at Kuala Selangor (Bukit Melawati, Altingsburh Lighthouse, Shri Shakti Devasthanam Temple, Historical Museum, etc)
Industrial Visit at Nata De Coco factory
Lunch at Mee Udang Banjir
Kelip-Kelip show at Kg Kuantan *
Free & Easy at Shah Alam

End of Day 11

DAY 12

Free and easy

DAY 13

Free and easy - Presentation/Exhibition of pictures/memories during program (21st century learning) - Judged by SHCA/FISE lecturer
Prize giving/certificate of appreciation ceremony and farewell

End of day 13

DAY 14

Check out from the Residence, MSU
End of program
Departure at Kuala Lumpur International Airport, Malaysia

NOTES:

Breakfast, lunch and dinner for everyday *as requested

FEES:

. 1200 USD

. Package for minimum of 10 pax





FASHION, CULTURE, MUSIC



DAY 1

Arrival at Kuala Lumpur International Airport, Malaysia
Free & Easy - Check in @ the Residence, MSU

End of Day 1

DAY 2

Visit School of Hospitality and Creative Arts, MSU (with Fashion & Music students)
Meet & Greet session - Introductory class (briefing of the whole program) - Creative Arts (Fashion and Music students) - Introductory activity / ice-breaking session with facilitator

End of day 2

DAY 3


City Tour at Kuala Lumpur (visit Wisma Jakel, Pavilion, Pusat Kraftangan, Muzium Tekstil, KL Tower, Balai Seni Negara, Istana Budaya, Dataran Merdeka, Central Market, Heritage Walk at night)

End of day 3

DAY 4

Sewing Class: Learn how to sew Malaysian traditional Clothing, Baju Kurung Teluk Belanga (Top) (with Fashion students)

End of Day 4



DAY 5

Sewing Class: Learn how to sew Malaysian traditional Clothing, Kain Ombak Beralun (Bottom/ Skirt) (with Fashion students)

End of Day 5

DAY 6

Hand Embroidery Class: Learn on how to do tulang belut and mata lalat on baju kurung teluk belanga (with Fashion students)

End of Day 6

DAY 7

Visiting Malaysia Philharmonic, Skybridge , Galeri Petronas, Hop On Hop Off bus ride, MATIC, Visit to Radio Television Malaysia (RTM) - any available show, Royal Selangor Pewter

End of Day 7

DAY 8

Music Class: Learn how to play Malaysian Traditional Music, Caklempong (with Music students) Fashion accessories making: Statement accessories

End of day 8

DAY 9

Trip to Perak - historical attraction (Masjid Ubudiah, Galeri Sultan Azlan Shah, Istana Iskandariah, Perak Royal Museum, Kellies Castle)
Overnight at Perak

End of Day 9

DAY 10

Visiting Bukit Bunuh, Kuala Kangsar (quartz rock)
Kraftangan Perak (Labu Sayong factory, Tekat Benang Emas, Rebana making) -
back to MSU

Free and easy

End of Day 10

DAY 11


ASWARA visit - learn on the music heritage (classes, demonstration and seminars on music, instrument and dance)

End of day 11

DAY 12

ASWARA visit - learn on the music heritage (classes, demonstration and seminars on music, instrument and dance)

End of day 12



DAY 13

Fashion Show and Music Performance
Certificate of appreciation ceremony
and farewell

Free and easy

DAY 14

Check out @ the Residence, MSU
Departure at Kuala Lumpur International
Airport, Malaysia

Free and easy

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msu
MUSKOGEE STATE UNIVERSITY

Certificate of Completion

This certificate is awarded to
Kiyona Tachibana
for having successfully completed
MSU SUMMER PROGRAM IN CULTURAL HEALTH & WELLNESS
1 - 18 AUG 2019

J. Am...
Program Director

msu
MUSKOGEE STATE UNIVERSITY

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This certificate is awarded to
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1 - 18 AUG 2019

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J. Am...
Program Director

A collage of traditional Chinese pastries and mooncakes. On the left, there are golden-brown braided pastries, some in a glass jar. In the center, there are green square pastries with white flowers. On the right, there are round mooncakes with intricate patterns and Chinese characters.

PASTRY,
CITY,
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End of day 3

DAY 4

Malaysian Cuisine Cooking Class (Pair with MSU Patisserie Arts students) - Malay Traditional Dessert - from Melaka (Kuih Keria Gula Melaka, Kuih Bakar, Buah Melaka, Kuih Lapis, Kuih Gula Hangus)

End of Day 4

DAY 5

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End of Day 5

DAY 6

Mini Malaysia ASEAN Cultural Park
Encore Malacca
Lunch at Local Baba & Nyonya Restaurant
Klebang beach (coconut shake, kuih keria, asam pedas)

End of Day 6

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. Karipap pusing / belajar mengelim karipap
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* Please be noted that changes to venues and attractions may occur due to unforeseen circumstances



Contact us :

Tel : 03 5521 6868

Email : enquiry@msu.edu.my

f @ t v MSUMalaysia

www.msu.edu.my

MANAGEMENT & SCIENCE UNIVERSITY (MSU) DU019(B)

University Drive, Off Persiaran Olahraga, Section 13, 40100 Shah Alam,
Selangor Darul Ehsan, Malaysia.